

MAY 2024



PRESIDENT'S CORNER: The mountain is open to all members, The water is on, and hot tub is going. Josh's company will be in to uncover pool by mid-May. Let the fun begin!

You all know this has been a bumpy start for the board and we are working hard to keep it all going. The lots are starting to be cleaned up and thank you Randee for helping all of us get a great start. As we are working around, please be careful, as we have had our first (and hopefully the last) accident!

I set some goals for myself and the mountain, to get a lot done this year. I hope 🙌 that we can get most of it done, if not all. I do know that the fence can be a lot, but the sooner we finish it, the sooner we can stop working on it (and I know that we all would probably love that!) The Garbage dumpster is in bad shape, but for now, we are using it until we have bought or built a new one. Please have patience! The shed where the tools are kept is open for anyone to use it.

I do want to apologize to anyone that wanted to help with water and could not come because of the time being changed. We will set a date later in the summer to teach those that are interested in how to turn on the water. Sadly though, it froze two nights in a row when it got down the low twenty's and we had a break in the pipes because of the low temperatures and the water being turned on. We are not out of freeze danger yet, so watch your lines for the next three weeks or so.

There is a lot to do and although many of us may have limitations, everyone can do something, to help get the mountain looking pristine again. Without all of you this would be impossible, so, thank you in advance for your hard work and dedication.

Let's have a great year

Cindy.

NOTES FROM THE NUDES NEST:

7/8/20, I love it up here. The small touches like the dog watering station and rustic decorations make this a very peaceful and pleasant place to rest on the way to the top. Pat.

8/16/20, What a beautiful day! Another day in paradise, thanks to all that make this happen. Burt

MEMBERS CORNER: EACH MONTH THE ROAR WILL HIGHLIGHT COMMENTS AND QUESTIONS FROM OUR MEMBERS. WE ARE LOOKING FOR SUGGESTIONS AND POSITIVE RECOMMENDATIONS: Last fall it was suggested that our rental cabins were looking rather care warn. We had a signup sheet for new clocks, trash bins, queen sized sheets, 5x7 rugs, and a wall mount a/c . The only things left on the list are the four 5x7 rugs (2 for each cabin). If you want to sign up to donate a 5x7 rug, or even cash to help us purchase the rugs, please sent me an email at Baremtnsecretary@gmail.com with your pledge. For those of you that have pledged to have an item here at the mountain by May 1, if you have run into problems getting the item here to Bare Mountain Retreat by the first of May, just let me know when you will be able to get it to the mountain.

NOTES FROM THE NUDES NEST:

7/17/21, This is such a great place. We appreciate all the people that do the work on the trails. We can see changes from the last time we were here! Ken and Joanne

7/31/21, We had a little rain overnight, so the smoke cleared a bit. Nice fresh morning for a hike with each other. Our love growing. Beautiful views. Jim and Kathy



From all reports, the 2024 Robie Creek Run was a great success. The weather was great – sunny skies – and lots of runners having fun!! A special thank you to Todd for spear-heading the activity for our club. Thanks to those members who showed up to help our club pass out juice and water, oranges and bananas. It sounds

Condolences to Al and Lori at the death of his father April 26, 2024. Our hearts and prayers go out your whole family.

ONE PERSON DIES OF MELANOMA EVERY HOUR EVERY DAY!

As nudists we enjoy being outdoors and the feel of a warm sun all over our body, but it comes with a degree of risk of skin cancer. Melanoma is the deadliest of skin cancers and rates of diagnosis for the disease have increased dramatically over the past three decades, outpacing almost all other cancers. Today, it is one of the most common cancers found in the United States.

Melanoma is directly related to exposure to the sun. Fortunately, we can dramatically reduce our risk by choosing, applying, and reapplying the right sunscreen. Which is the best sunscreen?

The best one is the one you will wear that it meets three simple rules:

Make Sure it Says Broad Spectrum: Broad-spectrum sunscreens protect you from UVA rays that age your skin and cause wrinkles and UVB rays which actually burn your skin.

At Least SPF 30: SPF 30 blocks about 97%. The higher the SPF, the more protection it offers up to about SPF 50. After this point, higher SPF ratings will cost more while only providing a slight additional benefit.

Water Resistant: No sunscreen is waterproof. Instead, sunscreens can be rated as water resistant for 40 or 80 minutes. Make sure you apply and reapply sunscreen as directed. Apply at least 20 minutes prior to entering the pool or hot tub to minimize polluting the water.

Examinations. Routine annual screening by your family doctor or a dermatologist, a doctor that specializes in skin, will help in early detection of skin cancer and increase your chances of survival.

Thanks to Christian for this informative article about Melanoma

NOTES FROM THE NUDES NEST:

9/7/19, Amazing race. Amazing place. Dave and Kathy, Kanisku Ranch, Washington state

6/18/20, Previewed "Streak to the Peak" course. Sun out, glistening, Nick

From our land chair: Because it looks like we are able to get in to the mountain a little bit sooner than in the past year or so, we have adjusted the work schedule to match. Please read all the way through.

April 19: Bringing Dump trailer up for needles

April 20: Robie Creek Run

April 21: work on needles if you can come up to the club

A free lunch is offered to all those showing up on these following dates and projects

April 27-28 --- **Starts at 8:30 am.**

Ron or Cindy or Ted will let you know which project needs help

Project 1 –Take down old fence that is to be replaced. Move selected posts and pickets to trail material storage area. Remaining materials to be hauled away to recycling or landfill. If time allows, move new posts along fence line in position for next week.

Starts at 8:30 am.

- Battery powered screw guns and chargers
- Sawzall's for wood and metal, pry bars and other demo tools, shovels (old posts)
- 4-5 trailers w/tie downs for ATV's and pickups
- People to move old sections from fence to trailers, take trailers to storage area or recycling & unload them.
- People to load and move new posts along fence line.

Project 2 - Start working on the broken fence and tree removal

May 4-5 – Huge weekend – mark your calendar **Starts at 8:30 am.**

Ron or Cindy or Ted will let you know which project needs help

Project 1- Dig holes and set posts

- Strong people to operate 2-person (4 is better) auger for new holes. With bars and shovels.
- People to move new posts w/brackets and caps to holes and place upright in position.
- People to haul concrete bags a short distance to mixer.
- People to operate concrete mixer near the holes ready to fill
- 2-3 wheelbarrows and shovels to move concrete to holes with posts and fill.
- People to plumb and stabilize posts after concrete fill – levels

Project 2 – Start Install of rails and pickets set in 2023

- Battery powered screw guns, with T25 star bits
 - Levels for plumb – nail aprons
 - Step Ladders and extension ladders. Scaffolding
 - Circular saw and Sawzall to install rails
 - People to carry pickets to fence
 - People to install pickets
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May 11-12 Install rails and pickets on new poles and replace broken fence --
Starts at 8:30 AM.

- Battery powered screw guns, with T25 star bits
- Levels for plumb – nail aprons
- Step Ladders and extension ladders. Scaffolding
- Circular saw and Sawzall to install rails
- People to carry pickets to fence
- People to install pickets

★ May 18: TRAILS – Gary’s work party, with lunch, for those volunteers

★ May 24, 25: Rest of pickets on fence. If not finished, work on during the week

Thank You, from the Land Chair

We also need everyone to come up and help with raking needles (a never-ending job), cleaning and re-organizing the clubhouse, wash windows, and clean and open up the cabins. Check the ‘jobs’ list on the bulletin board at the clubhouse to see what needs to be done that day.

Additional Calendar reminders:

- April 28 General Membership Mtg 10 am at the clubhouse
- May 27 Memorial Day Bar B Que
- June 8 Paint party at 4, sponsored by Susan and Ed
- June 29 Champagne Party and Concert sponsored by Ginger and Steve

Starting in June, every Wednesday at 6 pm there will be card games at the clubhouse. Fridays there will be board games at the club house from 8 pm to 11 pm, and Saturday mornings you are invited to join us for coffee and pastries at 9 am at the clubhouse with cornhole to follow at 10am.

Contact Lisa to add an activity to the calendar – there are still a lot of empty dates this summer

Questionnaire and answers from 2023 Visitors

7.29 People everyone very friendly. Love the trails too.

8.21 Everyone was friendly and a very open area for all to enjoy.

took out the power on the



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This picture was the ‘blast from the past’ in last month’s ROAR. It is Betsy of Ken and Betsy Weismore

On April 5th we had a late season storm hit the mountain. A tree on Randee’s lot went down and took the roof off of his shed and a fencepole, and the fence. It also took out the power on the mountain for several hours.



View from outside the fence



View from the road

View from Ron and Sandi's lot



Randee (and Sandi) checking out the damage

Ken and Cherie, and Jason and Sky were on the mountain when the power went out. After a cold night with no power (or heat) Sky and Jason headed home. Sky snapped this gorgeous picture of the canyons to the East, just as the sun was coming up the morning of June 6th as they left the mountain.



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